

THE BOOK OF JUDGES

ISRAEL IN THE TIME OF THE JUDGES
1380-1050 B.C.

JUDGES CHAPTER 14:1-20

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THE TITLE OF THE MESSAGE:

“STAYING FIT FOR THE MASTER’S USE”

LESSONS IN KNOWING GOD

*ISRAEL DURING THE PERIOD OF THE JUDGES
AND THE ESTABLISHMENT OF A NATION*

Part 3

Brings us to Lesson 5 – The Self Control Exercise

SUBJECT TOPICALLY REFERENCED UNDER:

Discipleship, Consecration, Devotion, Dedication

Introduction to the Text:

Judges 14:1-20

Statement of Textual Summation and Theme

A Series on “The Consecration of the Believer”

and What the Lord Desires to Do in the Lives of His People.

STAYING FIT FOR THE MASTER’S USE

LESSONS IN KNOWING GOD

5.) Lesson 5 - The “Self Control” Exercise

v.1-3

Judges 14:1-3

:1 Now Samson went down to Timnah, and **saw** a woman in Timnah of the daughters of the Philistines. :2 So he went up and **told** his father and mother, saying, *“I have seen a woman in Timnah of the daughters of the Philistines; now therefore, get her for me as a wife.”* :3 Then his father and mother said to him, *“Is there no woman among the daughters of your brethren, or among all my people, that you must go and get a wife from the uncircumcised Philistines?”* And Samson said to his father, *“Get her for me, for she pleases me well.”*

THE SELF CONTROL EXERCISE

5a.) Self Controlling Our Eyes

:1 Now Samson went down to Timnah, and **saw** a woman in Timnah of the daughters of the Philistines.

Samson has that age old problem that plagues the human race.

“It’s what he ‘saw’”,

yet our eyes are not the problem – it’s what manages our eyes. It’s Our Minds – Our Souls.

We all battle “Eye Trouble” in this world.

1 John 2:15-16

Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. :16 For all that *is* in the world—the lust of the flesh, **the lust of the eyes**, and the pride of life – is not of the Father but is of the world.

Genesis 3:4-6

Then the serpent said to the woman, “You will not surely die. :5 For God knows that in the day you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” :6 So when the woman saw that the tree *was* good for food, that it *was* pleasant to the eyes, and a tree desirable to make *one* wise, she took of its fruit and ate. She also gave to her husband with her, and he ate.

Jesus Warned Us About What We Look At:

Matthew 5:28-29

But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart. :29 If your right eye causes you to sin, pluck it out and cast *it* from you; for it is more profitable for you that one of your members perish, than for your whole body to be cast into hell.

So What Am I To Do ?

Job 31:1

“I have made a covenant with my eyes; Why then should I look upon a young woman?”

THE SELF CONTROL EXERCISE

5b.) Self Controlling Our Thoughts

:2 So he went up and **told** his father and mother, saying, ***“I have seen a woman in Timnah of the daughters of the Philistines***

Our thoughts are the inner Sanctum

of who we really are. Some thoughts are made known, some are known only to God.

Psalms 94:11

The LORD knows **the thoughts** of man, That they *are* futile. (empty or vain)

Genesis 6:5

Then the LORD saw that the wickedness of man *was* great in the earth, and *that* every intent of **the thoughts** of his heart *was* only evil continually.

2 Corinthians 10:3-5

For though we walk in the flesh, we do not war according to the flesh. :4 For the weapons of our warfare *are* not carnal but mighty in God for pulling down strongholds, :5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,

In this life – this will be a constant battle.

Scripture Memorization is Key

Psalm 119:11

Your word I have **hidden** in my heart, That I might not sin against You.

hidden **יְסָפֵן** tsaphan, tsaw-fan'; to hoard or to place in reserve;
to store or to lay up a treasured thing.

THE SELF CONTROL EXERCISE

5c.) Self Controlling Our Will

:2b *now therefore, get her for me as a wife.* :3a Then his father and mother said to him, "Is there no woman among the daughters of your brethren, or among all my people, that you must go and get a wife from the uncircumcised Philistines?"

This "**Will**" is as in **Plan, Directive, Path...**

The Human Will is a Strange Thing and we develop our will based upon the information at hand.

We Can Choose 1 of 2 Path's in Life

- 1 - Looking at Life through the Eyes of Having **Faith** in God.
- 2 – Looking at Life through the Eyes of Having **Doubt** in God.

Psalm 32:10

"...he who **trusts** (to place your security, your future)
in the LORD, mercy shall surround him. = that's faith !!!

Proverbs 14:12

There is a way *that seems* right to a man, But its end *is* the way of death. – that's doubt !!!

The grace of God at work

Proverbs 16:9

A man's heart plans his way, But the LORD directs his steps.

THE SELF CONTROL EXERCISE

5d.) Self Controlling Our Passions

:3b And Samson said to his father, "*Get her for me, for she pleases me well.*"

Webster Defines Passion as;

"The impression or effect of an external agent upon the body; that which is suffered or received or entertained."

The Biblical word is **Lust !**

James 1:13-15

Let no one say when he is tempted, "I am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone. :14 But each one is tempted when he is drawn away by his own desires and enticed. :15 Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death.

1 Thessalonians 4:3-5

For this is the will of God, your sanctification: that you should abstain from sexual immorality; :4 that each of you should know how to possess his own vessel in sanctification and honor, :5 not in passion of lust, like the Gentiles who do not know God;

Romans 1:26-27

For this reason God gave them over to degrading passions; for their women exchanged the natural function for that which is unnatural, :27 and in the same way also the men abandoned the natural function of the woman and burned in their desire toward one another, men with men committing indecent acts and receiving in their own persons the due penalty of their error.

Galatians 5:16

I say then: **Walk in the Spirit,**
and you shall not fulfill the lust of the flesh.

Galatians 5:25

Since we live by the Spirit, let us "keep in step" with the Spirit.

————— *End of Study* —————